



INSTITUTE OF FERTILITY MEDICINE (IFM), LASUTH

Trying to have a baby? We help make miracles happen

When it comes to fertility care, you want a team that is highly qualified, professional and cares about helping you conceive. You want the best.

Top 3 benefits of this CSR initiative

- *Cost-effective IVF treatment*
- *High quality of care*
- *The combined expertise of LASUTH and Bridge Clinic*

What is Infertility?

Infertility is defined as the inability to conceive after 12 months of trying to become pregnant. Approximately 30% of the Nigerian population is affected by some related infertility issue. There are many reasons couples face challenges with conception.

Causes of Infertility



1. *Harmful lifestyle choices including smoking, drinking or substance abuse*
2. *High rates of adolescent sexual exposure, unwanted pregnancy and post-abortion damage*
3. *High rates of secondary infertility that stems from infections after birth*
4. *Fibroids are quite common and up to 50% of women develop significant adhesions following myomectomy (surgical removal of fibroids from the uterus)*
5. *Poor access to healthcare for the management of sexually transmitted infections (STIs)*
6. *Poor semen quality*
7. *Age-related infertility*

What is the IVF process?



In vitro fertilization (IVF) is a process by which an egg is fertilized by sperm outside the body that is, in vitro meaning “in glass”. IVF is globally recognized as one of the most effective treatments to address infertility.

IVF is recommended when women face challenges such as problems with the fallopian tubes or when it has been established that there are issues with the man’s sperm quality. The process involves the monitoring and stimulation of a woman’s ovulation cycle, collecting the eggs directly from the ovaries and letting treated sperm fertilize the eggs in a medical laboratory under very specialized conditions.

After a 5-day incubation period, the embryo is transferred into the woman’s uterus. A pregnancy test is done two weeks after transfer.

Benefits of the Institute of Fertility Medicine (IFM)

- ***Almost 100 babies and counting***
- ***The IFM affords couples the opportunity to have IVF***
- ***The quality of care is equal to having treatment at the prestigious Bridge Clinic.***
- ***The IFM creates awareness about infertility and infertility treatment***
- ***The IFM seeks to educate and inform***



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